

North Calcutta Football Academy

Physical Fitness Test Form

Serial No. :

Name (in block letter) :

Father/Guardian's Name :

Date of birth :

Height : Weight : Chest Measurement : a) b)

Blood Pressure : Blood Group : Pulse

Step Test :

B.M.I. : *Somatotype*
Endomorphy (1st Component) :

B.S.A. : Mesomorphy (2nd Component) :

P.F.I. : Ectomorphy (3rd Component) :

Body fat :

1) Genetic sports affinity in the family background : Yes No

2) Sports culture environment of the Candidate :

3) Anthropometer measurement :

Date :

Signature of the Doctor .